

Demanding

By R. Reddy Sama

*Ask for what you want, but don't demand it. Enjoy what you get.
Work on any difference while loving more and demanding less.
~ America Bala Vikasam Theme*

The only way to gain respect from others is not by demanding it, but by earning it. Great leaders have earned the admiration and respect of their peers and followers. Respect is given to others only when they are deemed worthy of receiving the honor. For that simple reason, leaders who demand respect from others will never get it, because it must be given.

Since 1985, I have been seeking to understand some basic questions about myself and reality such as: 1) what is reality? 2) as human beings, why we do what we do? 3) What is the effective way to create lasting joy for ourselves, others and in the world? I have tried intensely for the past 25+ years to understand a multi-dimensional reality – as referenced in Quantum Physics. I used to get confused by anything after the 4th dimension in graphical illustrations. Thanks to the World Book of Values project, I have done intense study and experimentation for the past few months to understand multiple levels of reality again through meditation and witnessing awareness. Slowly, a clear insight emerged about the 12 dimensions of reality and discovery of "JAIHO" Process - Joyful Appreciative Inquiry for Healthy Organizations. Below you will see 5 dimensions of Outer Reality plus 7 levels of Consciousness of Inner Reality.

Here are the 12 Dimensions Of Reality

| | Inner Dimensions | Description | Quality | Positive | Negative | Result |
|--|---|---------------------------------|---------------------------------------|-----------------------|---------------------------------|---|
| 7 Dimensions of Inner Reality* | 7 | Service to Humanity | Oneness | Compassion, Oneness | - | Service to Humanity / Planet |
| | 6 | Making a Difference | Awareness | Collaboration | - | Making a Difference in the Community |
| | 5 | Internal Cohesion | Appreciation | Creativity | - | Finding Meaning in Existence |
| | 4 | Transformation | Acceptance | Adaptability | - | Continuous Growth & Development |
| | 3 | Self-Esteem | + Self-Worth/ - Self-Worth | Positive Self-Image | Power, Arrogance | Building a Sense of Self-Worth |
| | 2 | Relationship | Good Feelings / Bad Feelings | Belonging, Friendship | Blame, Judgment | Harmonious Relationships |
| | 1 | Survival | Insecurity / Security | Financial Stability | Violence, Greed | Physical Survival and Safety |
| 5 Dimensions of Outer Reality** | Inner Dimensions (Up) Outer Dimensions (Right) | 1 | 2 | 3 | 4 | 5 |
| | Dimension Type/No. | Point (0) | Line (1) | Plane (2) | Space (3) | Space and Time (4) |
| | Behavior | Commanding | Demanding | Controlling | Influencing | Appreciating/Inquiring |
| | Effect | Destroying | Defaming | Reforming | Transforming Self | Realizing True Nature |
| | Cause | All Or Nothing Self Interest | Single Belief / Thought | Likes and Dislikes | Three Basic Values and Gunas | Vision/Mission/Values/ Goals Alignment |
| Physical Dimensions | Zero | First | Second | Third | Fourth | |

* Richard Barrett, "Building a Values-Driven Organization - A Whole System Approach to Cultural transformation, Elsevier Inc., 2006.

** Rami Reddy Sama, "My Experiments with Witnessing - 101 Wake-up Calls for Joyful Living". Un-published Manuscript. 2012.



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