

Chaos

By R. Reddy Sama

All great changes are preceded by chaos. ~ Deepak Chopra
You need chaos in your soul to give birth to a dancing star. ~ Frederick Nietzsche

Things in chaos have a wild, natural energy that you can feel. Ordered things can sometimes seem controlled and less energetic. The freedom of chaos allows not being bound by rules. This is the reason why we feel so energetic while dancing freely, without any decided steps. Whether it is energy in atoms or the cosmos, there is random chaos in every energy field. Within that chaos, there is a natural order that we do not fully understand, but can appreciate. When chaos moves in a layered order, it creates what is called consciousness or cosmic intelligence.

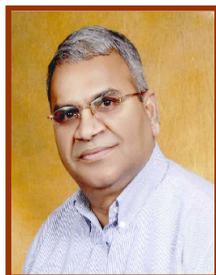
From the cradle to grave, our whole existence is chaos that many people try to control and put into order. In the universe, planets move without signs or government to control traffic. Yet the planets move in beautiful, perfect order. In quantum physics, the smallest elements are both particles and waves, with multitude of probabilities. Man is like an onion with layers of personality. Behind all the layers is hidden our true essence of pure life energy.

Five Layers of Individual Personality:

Layer	Layer Description	Characteristics (Examples)
1	Formalities	<i>Hi! How are you?</i>
2	Roles And Games	<i>I am playing the roles of father, husband, engineer etc.</i>
3	Free From Roles And games (Chaos)	<i>I am free from relationships, only relating</i>
4	Death (of Psychological Personality)	<i>I am part of the whole</i>
5	Life (Energy)	<i>I am nothing and everything</i>

Peeling an onion layer by layer, what is found inside? Nothing. We imagine something solid, but find emptiness. Similarly, man thinks that he is an individual consciousness, but if we peel back personality layers through meditation, we can experience that we are part of the cosmic consciousness. As we meditate, our awareness increases and we will start becoming a witness of the individual consciousness. Anything that we witness will dissolve into the cosmic consciousness.

Interestingly, at birth a child has only two personality layers – the Fifth Life layer and transcendental center. This is why children are full of energy, with sheer delight in playing. Slowly, the child accumulates layer after layer (4th, 3rd, 2nd and 1st) during his growth process. The chaotic part of life is that as an adult, we have to peel of all those five personality layers and go backwards, to experience a blissful life – our original nature. What a wonderful, chaotic and mysterious cosmic drama of human existence at play. We can experience bliss and enjoy this human drama when we relax ourselves in the present moment and rest through silent witnessing awareness. Blessed are those who start this unlearning process earlier in their lives and re-discover the joyful nature of our original self.



R. Reddy Sama, President/CEO of Witnessing Works, Inc. and he is a Certified CTT Consultant. He lived 25 years in India, and 25+ years in USA.
www.WitnessingWorks.com . eMail: reddysama721@gmail.com

