

11 Dimensional Reality

By R. Reddy Sama

*Ask for what you want, but don't demand it. Enjoy what you get. Work on any difference while loving more and demanding less.
~ America Bala Vikasam Theme*

The only way to gain respect from others is not by demanding it, but by earning it. Great leaders have earned the admiration and respect of their peers and followers. Respect is given to others only when they are deemed worthy of receiving the honor. For that simple reason, leaders who demand respect from others will never get it, because it must be given.

Since 1985, I have been seeking to understand some basic questions about myself and reality such as: 1) What is reality? 2) As human beings, why we do what we do? 3) What is the effective way to create lasting joy for ourselves, others and in the world? I have tried intensely for the past 25+ years to understand a multi-dimensional reality – as referenced in Quantum Physics. I used to get confused by anything after the 4th dimension in graphical illustrations. Thanks to the World Book of Values project, I have done intense study and experimentation for the past few months to understand multiple levels of reality again through intellectual reflection, meditative pondering and witnessing awareness. Slowly a clear insight emerged about the 11 dimensions of reality. My understanding is that the 11 dimensions of reality make perfect sense to me. Below you will see 4 dimensions of Outer World reality plus 7 levels of Consciousness of Inner World reality. Thanks to Richard Barrett and 2500+ CTT consultants all over the world who are committed in bringing the 7 Levels of Consciousness to the business world, helping to improve the quality of life to people and organizations all over the world.

I am happy to be part of this team of CTT consultants and I am committed to understand, experiment, and to live the 11 Dimensions of Reality to create joy in me, in people around me, and in the world. (576/500)

Here are the 11 Dimensions Of Reality

	Inner Dimension No. (Down)	Description	Dimension	Positive Focus	Excessive Focus	Result	
Seven (7) Dimensions of Inner Reality	▲ 11	Service to Humanity	Eleventh	Compassion, Oneness	-	Service to Humanity / Planet	7 Stages of Consciousness *
	▲ 10	Making a Difference	Tenth	Collaboration	-	Making a Difference in the Community	
	▲ 9	Internal Cohesion	Ninth	Creativity	-	Finding Meaning in Existence	
	▲ 8	Transformation	Eighth	Adaptability	-	Continuous Growth & Development	
	▲ 7	Self-Esteem	Seventh	Positive Self-Image	Power, Arrogance	Building a Sense of Self-Worth	
	▲ 6	Relationship	Sixth	Belonging, Friendship	Blame, Judgment	Harmonious Relationships	
	▲ 5	Survival	Fifth	Financial Stability	Violence, Greed	Physical Survival and Safety	
Inner Dimension No. 4 Dimensions of Outer World Reality**							
Four (4) Dimensions of Outer Reality	Outer Dimensions.	First (1)	Second (2)	Third (3)	Fourth (4)	Fourth (4)	4 Levels of Outer Reality**
	Dimension Type	Line (1)	Plane (2)	Space (3)	Space & Space (4)	Space and Time (4)	
	Behavior	Destroying	Demanding	Controlling	Influencing	Appreciating	
	Effect	Destroying others or Self	Deforming others	Reforming others	Transforming Self	Realizing Self	
	Cause	All Or Nothing Self Interest	Single Belief	Likes and Dislikes	Aligned Values for Common Good	Vision Directed and Value Based Leadership for Common Good	
Physical Dimensions	First	Second	Third	Fourth	Fourth		

* Richard Barrett, "Building a Values-Driven Organization - A Whole System Approach to Cultural transformation, Elsevier Inc., 2006.

** Rami Reddy Sama, "My Experiments with Witnessing - 101 Wake-up Calls for Joyful Living". Unpublished Manuscript. 2012.



R. Reddy Sama, President/CEO of Witnessing Works, Inc. and is a Certified CTT Consultant.
He lived 25 years in India, and 25+ years in the United States. www.WitnessingWorks.com.
email: reddysama721@gmail.com.

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