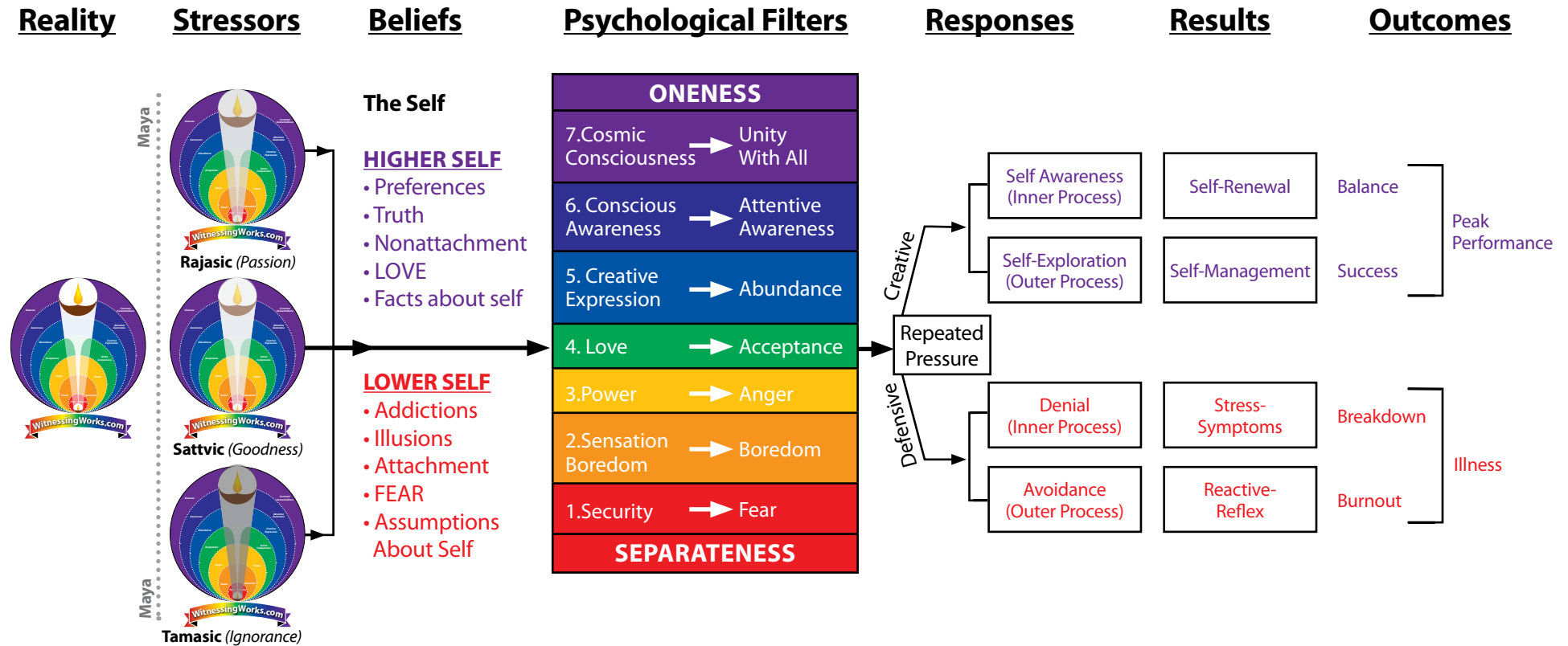


Witnessing Response Therapy

Learning Response-Ability Through Impartial Self-Observation

By R. Reddy Sama

Psychology



Spirituality

God
Truth

"What Is"
Changes & Demands

Causes
Beliefs & Programing

Experiences
Love & Fear

Responses
Self-Awareness To Avoidance

Results
Receptive To Reactive

Effects
Balance To Burnout

"We appear so different, and yet, we are all one"

R. Reddy Sama

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Understanding Why We Do What We Do

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